

## Understanding the World

- Blowing bubbles
- Make bread or pizzas for the family to share
- Read information books on ducks and chicks
- Hunt for bugs in the garden
- Use Nature Detectives for lots of exciting activities to do at home:  
<https://naturedetectives.woodlandtrust.org.uk/naturedetectives/>
- Planting seeds such as cress – and watching them grow
- Look at science experiments for Early Years  
<https://www.firstdiscoverers.co.uk/early-years-science-activities-eyfs/>
- Observe the weather each day and make a weather chart
- Make a family tree – who is in your family
- Freeze small toys in ice – and work out how to get them out of the ice
- Make a rainbow of skittles sweets around the edge of a small plate – add warm water and watch a rainbow appear.
- Look for different sorts of ICT in your home e.g. microwave, remote control, phone etc
- Carry out the pepper germ experiment  
<https://www.youtube.com/watch?v=WVxMKpLLRoM>



- Feed the birds in the garden and keep a tally of which birds visit your garden



## Expressive Art and Design

- Dancing to music – use scarves
- Sing familiar songs and make up your own words to nursery rhyme tunes
- Make shakers with pasta or rice in pots
- Make your own paint with shaving foam or coloured ice
- Make props for your favourite story and act it out together



## Handwashing Song

### Top and bottoms

### Tune (Frere Jaque)

**Tops and Bottoms, Tops and Bottoms,**

*(Rub top and bottom of hands)*

**In between, In between,**

*(Rub fingers inside on both hands)*

**All around our hands, all around our hands**

**Then we rinse, bam, bam, bam!**

*(Sing twice whilst washing your hands)*

# Home Learning Activity ideas



Here is a list of activities to try at home which link to the Early Years Foundation Stage.

Many of these activities can be carried out without needing to buy any resources.

This is not a tick list for you to work down, choose your favourites and do them as many times as you like – repeating them is good!

## Personal, Social and Emotional Development

- Massage – pretend to make a cake or build a pizza on your partner's back
- Share stories – retell and act them out
- Make bread together
- Chop the vegetables for dinner together
- Give your children responsibility to help with household chores – spray the window cleaner and clean the windows is a favourite!
- Look at Cosmic Kids Yoga on YouTube and join in together
- Sharing a family meal and talk about your day.



## Physical Development

- Threading pasta on to wool or string
- Water play in the bath – scooping, pouring and measuring
- Design a treasure hunt around the house
- Junk modelling
- Make playdough together
- Musical movement games – like musical statues
- Lego and block play. Plan to build something and see if you can follow your plan
- Make a sensory tray with shaving foam, soap, jelly etc



- Painting with water in the garden
- Building dens and tunnels with blankets and under the kitchen table
- Watch episodes of 'Come Outside' on YouTube

## Communication and Language

- Storytelling with homemade puppets – use old socks, lolly stick and straws
- Singing nursery rhymes and action songs, such as Simon Says
- Make music with saucepans and pots
- Play guessing games – such as think of an animal and model giving clues to help your child guess the animal
- Play board games



## Maths

- Pairing socks
- Playing Snakes and Ladders
- Bigger and Smaller games – describing the 3 Billy Goats Gruff or using Goldilocks
- Add numbers to pegs and the help your child to order them
- Measuring ingredients to cook/ help make dinner
- Make a bowling game with plastic cups
- Sorting coins

- Sing number songs, such as 5 currant buns
- Sorting toys by colour or shape
- Build train tracks in different shapes
- Build towers from blocks – how many blocks did you use? Can you use the same blocks to build a different tower?



## Literacy

- Share story books and talk about what is happening on each page
- Read words and books
- Play lotto games – matching pictures
- Hide an object in a 'mystery bag' and give clues to what might be inside
- Tap out syllables to break up your name on musical instruments
- Access Oxford Owl at home website
- Sound out short words e.g. p-a-n, c-a-t, d-o-g can they find these objects/toys around the house.
- Play games to fill in missing words in a nursery rhymes, e.g. humpty dumpty sat on a ...
- Play games with words, e.g. make a rhyming string 'cat, bat, mat, hat, rat....'

